

Curriculum Vitae

Name: Karima Abd El-Hady Ahmed Zaid.

Home address in Saudi Arabia: Dallah Compound, Al-Nakhel , Riyadh, Kingdom of Saudi Arabia.

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Education:

- 1- Ain Shams University, College of Nursing, Cairo, Egypt, Ph.D. in Psychiatric Nursing. November, 2009.

- 2- Ain Shams University, College of Nursing, Cairo, Egypt, Master Degree in Psychiatric Nursing, November, 2002.

- 2- Ain Shams University, College of Nursing, Cairo, Egypt, Bachelor of Nursing Science (B.Sc.), May 1996.
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Professional Experiences:

Current Position:

- **Assistant Dean of applied science college for academic affairs,** College of Applied Sciences, Almaarifa University, Riyadh, Kingdom of Saudi Arabia, from August 2020 till now.
- **Head of nursing department,** College of Applied Sciences, Almaarifa University, Riyadh, Kingdom of Saudi Arabia, from August 2017 to August 2020.
- **Assistant head of nursing department,** College of Applied Sciences, Almaarifa University, Riyadh, Kingdom of Saudi Arabia, from August 2011 to August 2017.
- Assistant professor of Psychiatric Nursing, Alma'arifa College, College of Nursing, Riyadh, Kingdom of Saudi Arabia, from August, 2011 until Now.

Previous Jobs:

- 1- Head of nursing department & Assistant professor of Psychiatric Nursing, Global Colleges, College of Nursing, Riyadh, Kingdom of Saudi Arabia, from September, 2010 until August 2011.
- 2- Lecturer of Psychiatric Nursing, Ain Shams University, College of Nursing, Cairo, Egypt, from September, 2008 until August 2010.
- 3- Lecturer of Psychiatric Nursing, College of Nursing (CON), King Saud bin Abdulaziz University for health sciences, Riyadh, Kingdom of Saudi Arabia, from September 2005 until August 2008.
- 4 - Assistant Lecturer of Psychiatric Nursing, Ain Shams University, College of Nursing, Cairo, Egypt, from January, 2003 until August, 2005.

5 - Demonstrator of Psychiatric Nursing, Ain Shams University, College of Nursing, Cairo, Egypt, from January 1998 until December, 2002.

- **Clinical experiences:**

1- Internship from September 1996 until August 1997.

2- Nursing Supervisor in Al Amal Hospital, from September 1997 until November 1997, Cairo, Egypt.

3- Head nurse for I.C.U and C.C.U in Elraiee Elsaleh Hospital, from December 1997 until February 1999 Cairo, Egypt.

4- Head nurse for I.C.U and C.C.U in Dar El Fouad Hospital, from March 1999 till February 2000, Cairo, Egypt.

5- Teaching and supervising the 4th year students of the college of nursing, Ain Shams University in the field of psychiatric Nursing at Al-Abbasia Psychiatric Hospital and Ain Shams Psychiatric Center, from January 1998 till August 2005, Cairo, Egypt.

Researches:

- Psychological Profile for Parental Caregivers of Children with Renal Failure under Dialysis Therapy.

- Relaxation Technique for Preoperative Anxiety and Postoperative Pain in Patients Undergoing Open Heart Surgery.

Conferences and Activities:

- 1- **“Best Research and Publish in Health Sciences in collaboration with Monash University (Australia)”** conducted at Almaarefa College, Riyadh, KSA, November, 2016.
- 2- **“Scientific Research Day Symposium”** conducted at Almaarefa College, Riyadh, KSA, June, 2016.
- 3- **“Workshop in Basics of Scientific Research”** conducted at Almaarefa College, Riyadh, KSA, February, 2017.
- 4- **“2nd Conference of Saudi Society of Health Administration SSHA2016”** conducted at Almaarefa college, Riyadh, KSA, November, 2016.
- 5- **“2nd Nursing Conference”** conducted at College of Nursing King Saud bin Abdulaziz University for Health Sciences, Riyadh, KSA, March, 2016.
- 6- **“2nd International conference for Assessment & Evaluation”** conducted at Intercontinental Hotel, Riyadh, KSA, December, 2015.
- 7- **“Recent advances in Traumatology”** conducted by Saudi Critical Care Society at Marriott Hotel, Riyadh, KSA, April 2012.
- 8- **“New aspects of: Spine Disorders”** conducted by Saudi Critical Care Society at Marriott Hotel, Riyadh, KSA, March 2013.
- 9- **“4th College of Nursing Research Day and Workshops – Excellence in Health Care Education and Practice”** conducted at College of Nursing King Saud bin Abdulaziz University for Health Sciences, Riyadh, KSA, April 2014.
- 10- **“Emergency Medicine”** symposium conducted by Saudi Critical Care Society at Marriott Hotel, Riyadh, KSA, March 2011.
- 11- **“Quality in Health Care”** nursing symposium conducted at King Khaled Specialist Hospital, Riyadh, KSA, October 2011.
- 12- **“Saudi International Medical Education Conference” SIMEC2012** conducted at Intercontinental Hotel, Riyadh, April, 2012.
- 13- **“Emergency Medicine Symposium”**, Conducted at Marriott Hotel, Riyadh, on the 25th of March 2011.
- 14- **“2nd Nursing Forum”**, conducted at King Fahd Center, Riyadh, KSA, on

- 15- **14th Pan Arab Conference on Diabetes**, March 23-27 2010, conducted at Fairmont Heliopolis & Towers, Cairo, Egypt.
- 16- **“7th UAE International Conference on Anaesthesia, Critical Care and Pain Medicine & The 9th Pan Arab Federation of Societies of Anesthesia, Intensive Care & Pain Management Congress”**. University of Sharjah, Sharjah, United Arab Emirates, 31st January to 2nd February 2009.
- 17- **“ 7th Middle Eastern Symposium in Anaesthesia & Critical Care for Cardiac Patients”**, 2 -3 November 2008, conducted at Prince Sultan Cardiac Center, Riyadh, Kingdom of Saudi Arabia.
- 18- **“Symposium in AIDS International Day”**, conducted at Dr. Sameer Bin Huraib Auditorium- KAMC-NGHA, Riyadh, on the 28th of November 2007.
- 19- Successfully completing the Cognitive and Performance Examinations in **Basic Life Support for Healthcare Providers** according to the standards and guidelines of the American Heart Association on 6 June 2007, Postgraduate Training Center, National Guard Health Affairs, King Abdulaziz Medical City, Kingdom of Saudi Arabia.
- 20- **"Dementia course"**, Conducted at Al Makareem Hall- Marriott Hotel, Riyadh, on the 31st of May 2007.
- 21- **"Training the Trainers Course: Clinical & Bedside Teaching Course"**, organized by the National & Gulf Center for Evidence Based Medicine, King Abdulaziz Medical City, National Guard Health Affairs, Kingdom of Saudi Arabia, conducted on the 28th February 2007- 01 March 2007.

- 22- **Evidence Based Medicine Symposium**, held on 30th November 2006, Riyadh Care Hospital, Kingdom of Saudi Arabia.

- 23- **Essential Evidence Based Nursing Course**, 7th & 8th June 2006, organized by the National & Gulf Center for Evidence Based Medicine, King Abdulaziz Medical City, National Guard Health Affairs, Riyadh, Kingdom of Saudi Arabia.

- 24- **Endocrine Symposium for Osteoporosis**, on the 20th April 2006, Al Khozama Hotel, Riyadh, Kingdom of Saudi Arabia.

- 25- **course in the Child Psychiatry for Pediatricians & Family Physicians**, on the 6th April 2006, Marriot Hotel, Riyadh, Kingdom of Saudi Arabia.

- 26- **workshop on Research Methodology**, 29th March 2006, King Abdulaziz Medical City, National Guard Health Affairs, Riyadh, Kingdom of Saudi Arabia.

- 27- **College of Nursing & Allied Medical Sciences first International Nursing Conference, Towards Advancing Nursing**, December 6th, 7th, and 8th 2005, King Fahad Cultural Center, Riyadh, Kingdom of Saudi Arabia.

- 28- **Developing Scientific Research Skills Program**, July, 16-19 2005, under supervision of Faculty and Leadership Development Project, Ain Shams University, Cairo, Egypt.

- 29- **Developing Thinking Skills program**, May, 25-28 2005, under supervision of Faculty and Leadership Development Project, Ain Shams University, Cairo, Egypt.

- 30- **American Diabetes Association – Egyptian Diabetes Center Educational Workshop**, March 22- 24,2005, Cairo, Egypt.
- 31- **9th Pan Arab Conference on Diabetes**, March 22-25 2005, Cairo, Egypt.
- 32- **workshop about Toward Strategy for Addiction Therapy in Egypt**. March 17-20 2002, in Abbasia Hospital for Psychiatric Health, Cairo, Egypt.
- 33- Attended and actively Participated in The **Group Psychotherapy Training Program** in May 23th 1999, June 1st 1999, and June 6th 1999, Faculty of Nursing, Ain Shams University, Cairo, Egypt.
- 34- Attended and actively participated in the **Bronchial Asthma Symposium** July, 5th 1999, Cairo, Egypt.
- 35- Attended the **educational program course for the preparation of the University teachers** of Ain Shams University in 1999, Cairo, Egypt.
- 24- Participated and organized in the scientific activities of the congress programs:
- As a member of the Organizing Committee for the 3rd International Annual Ain Shams Nursing Conference in October 26-28, 1998, Cairo, Egypt.
 - As a member of the Organizing Committee for the 4th International Annual Ain Shams Nursing Conference (**Health Promotion for Better Quality of Life the Challenges for the 21st Century**) in November, 28-30, 1999, Cairo, Egypt.

- As a member of the Organizing Committee for the 7th International Nursing Congress (**First Medical/ Nursing Psychiatric Congress**) October, 18th- 20th 2003, Cairo, Egypt.

25- Attended the **course of trauma and critical care** in October, 1998, Cairo University, Cairo, Egypt.

26- Member in one of the Higher Education Enhancement Project Fund (HEEPF) named "Quality Improvement of Academic Nursing Education" in Ain Shams University, College of nursing, Cairo, Egypt.

References:

Prof. Dr. Zeinab Abd El Hamid Loutfy:

Professor and Head of Psychiatric Nursing Department

Dean of Faculty of Nursing, Ain Shams University.

Prof. Dr. Tarek Asaad Abdou.

Professor of Psychiatric Medicine

Faculty of Medicine, Ain Shams University.

Prof. Dr. Sohair Hassanin

Professor of Nursing Administration, Faculty of Nursing, Ain shams University.

Biographical data:

Birth date: 6-10-1974

Birth place: Cairo, Egypt.

Nationality: Egyptian.

Marital Status: Married and have three children.