


Sub.	Course Description – توصيف مقرر دراسي	الموضوع	 كلية المعرفة ALMAAREFA COLLEGE
Date		التاريخ	

Course Code & No	COMH 300	صحة 300	رقم المقرر ورمزه
Course Name	Community Health	صحة المجتمع	اسم المقرر
Credit Hours	2 (2 + 0 + 0)	(0 + 0 + 2) 2	عدد الساعات المعتمدة
Pre-requisite	None	لا يوجد	المتطلب السابق

General Description	توصيف عام
<p>This course is designed to provide the students with the knowledge, skills and attitudes necessary for community health practitioner in a variety of community-based settings. The focus of care expands from individual to family, group and the community. The clinical practice focuses upon developing and evaluating health promotion and preventive measures, family assessment and community-based home care. Specialized care of elderly and geriatric patients suffering from acute and chronic illnesses is stressed, in addition to school and occupational health practices. Application of primary health care concepts is mandatory.</p>	

Course Objectives	أهداف المقرر
<p>Knowledge</p> <ul style="list-style-type: none"> • Define concepts of health values, beliefs and health care policy in implementing community health. • Describe the dynamic of the family and community relation which contribute to individual behavior . • Recognize the applications of the process to individuals, families and communities to promote health and prevent illness. • Integrate the knowledge from the different disciplines to provide a high quality of community health. <p>Cognitive Skills</p> <ul style="list-style-type: none"> • Analyze the professional, legal/ethical, economic, cultural, and environmental issues that affect community health in providing primary health care in the community. • Explain management principles and problem solving techniques in providing nursing care for individuals and families • Explain the different roles, responsibilities of a Community Health Practitioner within a healthcare team. • Recognize client cultural values and their preferences in improving the client care outcomes. • Develop community services based on research to provide appropriate care . • Recognize the principles of accountability, responsibility and delegation of authority in promoting the community health. 	

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Interpersonal Skills & Responsibility

- Show further appreciation to the importance of promoting and maintaining community health at the optimum level .
- Use positive and interested professional principles toward community health practice.
- Illustrate different learning theories and models as they relate to the patient education for individuals, community and the population as a whole.
- Show responsibility and self-direction as a professional for managing self- learning experience to achieve further professional goals .
- Demonstrate teaching -learning theories in individual and group health promotion program for the achievement of health goals.

Communication, Information Technology, Numerical

- Illustrate effective communication skills with members in the community, colleagues and teacher
- Demonstrate skills of using information technology appropriately in performing their projects and assignments.
- Acquire numerical skills, computer and internet skills to develop high quality community health programs.

Psychomotor

- Demonstrate respiratory care and competencies according to individual and family needs using clinical judgment.
- Utilize community resources for the benefits of consumers and for providing a holistic individual care.
- Construct a model for comprehensive community assessment within the frame of team work.
- Provide health education that contributes to high level of community wellness.

Course Outlines	مفردات المقرر
<p>Perspectives in Health Care Delivery and Community Health</p> <ul style="list-style-type: none"> ○ History of community health. ○ Community – based population – focused practice. ○ Public health and primary health care systems. ○ Principles and component of primary health care. ○ Cultural diversity and community health practice. ○ Environmental health. <p>Conceptual Framework Applied to Community Health:</p> <ul style="list-style-type: none"> ○ Organizing frameworks to community health. ○ Epidemiological applications. ○ Community as client: Use process ○ Community health in rural environment. ○ Group approaches. <p>Issues and Approaches in Individual and Family Health Care</p> <ul style="list-style-type: none"> ○ Women's health. ○ Men's health. ○ Children's health. <p>Vulnerability: Predisposing Factors</p> <ul style="list-style-type: none"> ○ Vulnerability and vulnerable population. ○ Poverty and homelessness. ○ Teen pregnancy. ○ Mental health issues. ○ Communicable diseases risk and prevention. 	

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<ul style="list-style-type: none"> ○ HIV, Hepatitis and sexually transmitted diseases. Roles and Functions of Community Health Practitioner <ul style="list-style-type: none"> ○ Community health in home health and hospice. ○ Community health in schools. ○ Community health in occupational health. Care of Elderly - Gerontology <ul style="list-style-type: none"> ○ Definition, concepts and scope of practice. ○ New trend in elderly management. ○ Normal changes in elderly. ○ Physical, emotional and social elderly needs. ○ Promotion of physical and mental activities of elderly. ○ Occupation therapy and rehabilitation. ○ Practitioner care of patients with chronic illnesses

References	المراجع
Required Textbook <ul style="list-style-type: none"> • Allender, J.; and Walton, B. (2001). Community health nursing, 5th ed., Lippincott co., Philadelphia. Essential References <ul style="list-style-type: none"> • Stanhope, M.; and Lancaster,. (2002). Foundation of Community health nursing: Oriented practice .5th ed ., Mosby, London. • Diem, E. and Moyer, A. (2005). Community Health Nursing Projects Making a Difference. Philadelphia: Lippincott & Willkins. 	